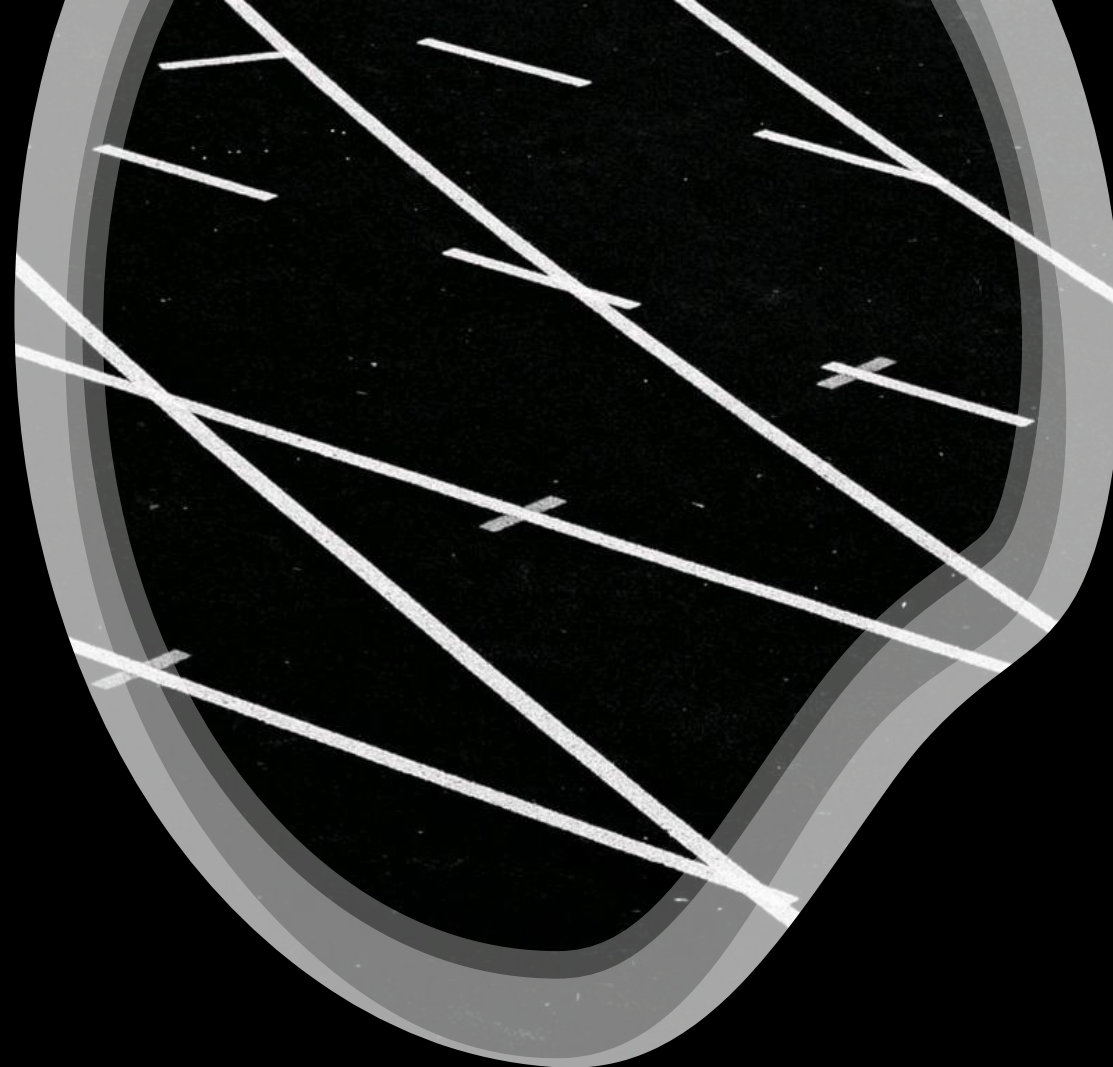
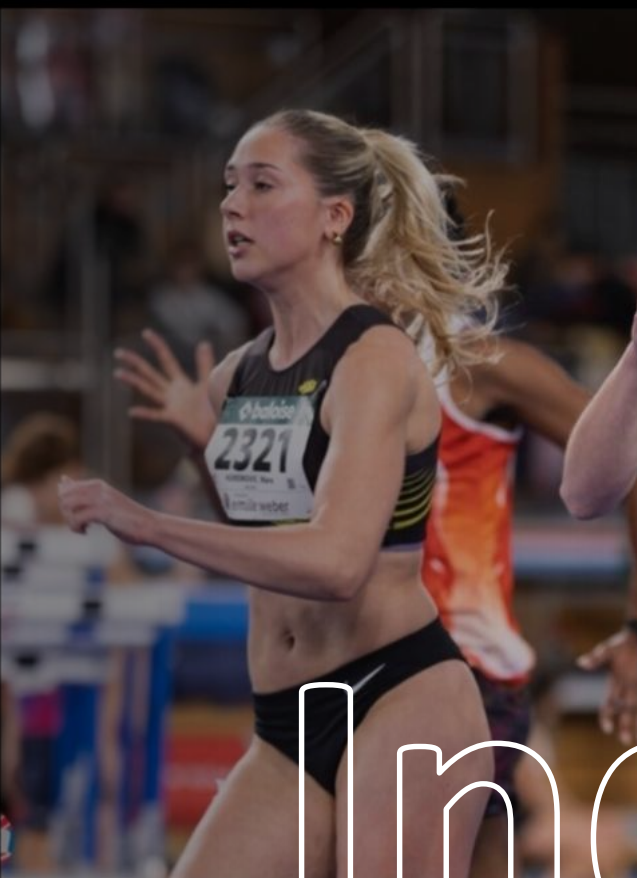




**Liichtathletik-
Bericht
Saison 2025**

Résumé Saison 2025

- ✓ 25 x ClubRekorder verbessert
- ✓ Super Resultater an alle Kategorien
- ✓ vill Rekorder bei den Dammen a Meedeche
- ✓ vill Selectionunen am Nationalkader an
international Partizipatiounen fir Letzebuerg
an d' FLA



NATIONAL RECORD
SHOT PUT INDOOR



Stéphanie Krumlovsky
15.24M



Indoor-Saison

25/01/2025

Championnats nat. JEUNES indoor

Champion

- Freylinger Maëlys perche 2,41 m M.F.
- Netti Audric perche 3,31 m M.M.
- Mallinger Nahla 60 m 8"22 M.F.
- Kaell Jim 200m 22"69 C.M.

Vice-Champion

- Mallinger Nahla longueur 4,72m M.F.
- Baustert Margot 1000m 3'12"33 M.F.
- Krumlovsky Gina 400 m 59"28 C.F.
- Mbah Pagui Carl triple 12,88 m C.M.
- Mbah Pagui Carl longueur 6,33 m C.M.

3e place

- Weber Anastasia 60 m 8"43 M.F.
- Pütz Nela 60 m 8"48 J.F.



23/02/2025

Championnats nationaux Indoor

Champion national

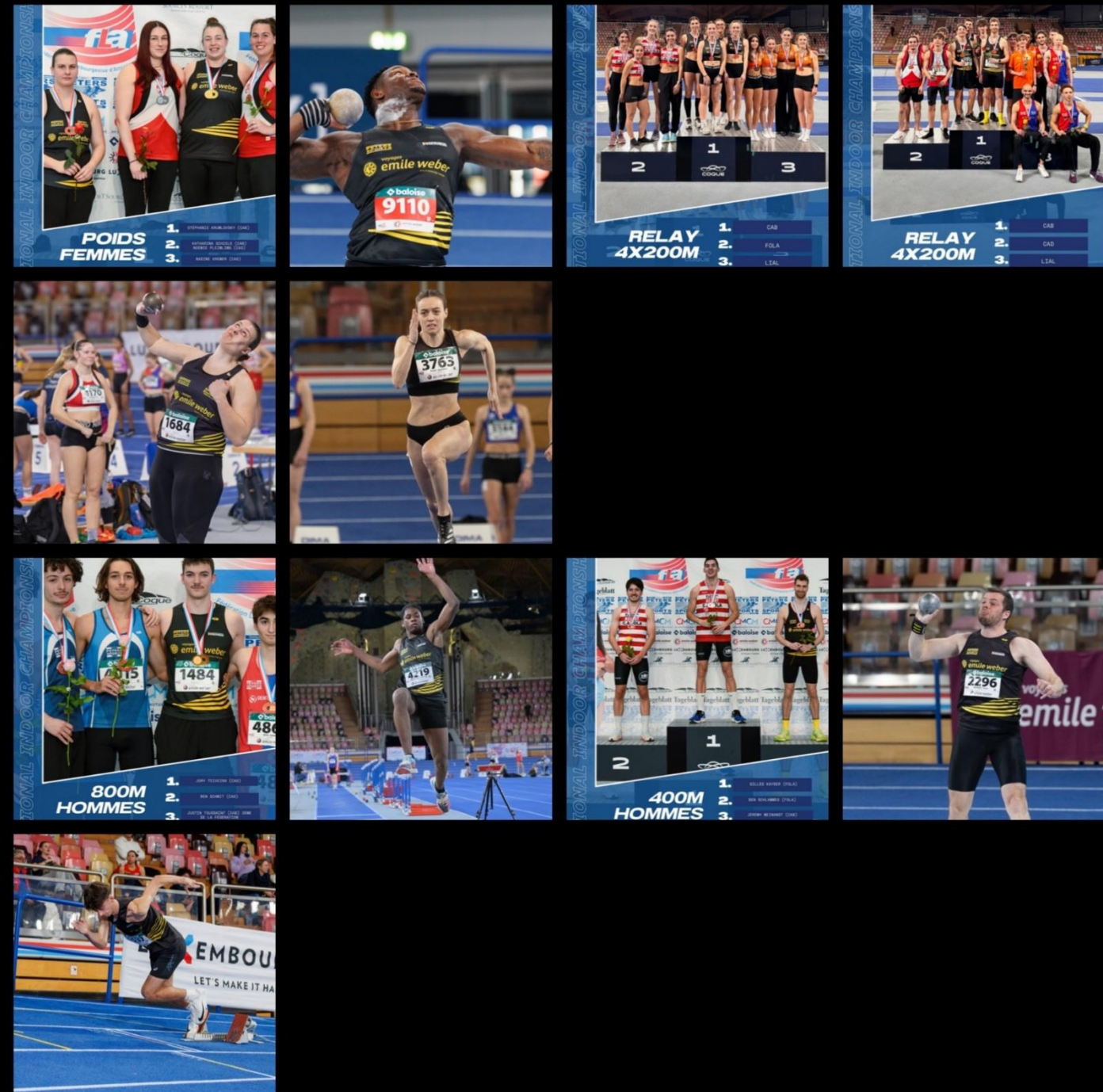
- Krumlovsky Stéphanie poids 4kg indoor 15,24m
- Costa Badjana Otoniel poids 7,25kg indoor 16,04m
- 4x200m S.F. 1'45"95 Clémence, Gina, Sandrina, Nahla
- 4x200m S.M. 1'32"34 Marino, Jérémy, Justin, Jim

Vice-Champion

- Schiele Katharina poids 4kg indoor 13,69m
- Rossi Sandrine 200m indoor 25"70

3e place

- Toussaint Justin 800 m indoor 1'58"48
- Mbah Pagui Carl longueur indoor 6,41m
- Weinandt Jérémy 400 m indoor 50"93
- Weiwert Steve poids 7,25kg indoor 11,13m
- Kaell Jim 200m indoor 22"80



01/03/2025 Match international Jeunes

Participatioun vun eisen jonken Meedecher:

- Mallinger Nahla 60 m 8"27
- Mallinger Nahla longueur 4,64 m
- Siegel Emma 60 m haies 10"50
- Weber Anastasia 60 m 8"44
- Baustert Margot 1000m 3'17"74
- Mores Liz hauteur 1,48 m
- Mores Liz longueur 4,27 m



Challenge Tageblatt indoor

Débutantes U12 (2014)

- 16. SIEGEL Mia 1044 pts
- 17. THEISEN Sophie 1043 pts

Débutants masc. U12 (2015)

- 1. FEIPEL Lou 1100 pts
- 2. DE CAROLIS Giordano 1089 pts



Challenge Tageblatt indoor

Scolaires féminins U14 (2013)

- 8. DI MARTINO Lisa 2112 pts
- 34. MIRANDA GOMES Eliana 1653 pts

Scolaires féminins U14 (2012)

- 3. SIEGEL Emma 2371 pts
- 6. MORES Liz 2262 pts
- 8. DE CAROLIS Giulia 2230 pts
- 15. ETRINGER Mathilda 2124 pts
- 25. BURGOS MIRAVALLS Olivia 1820 pts



Challenge U16 indoor

Minimes f. U16 (2011)

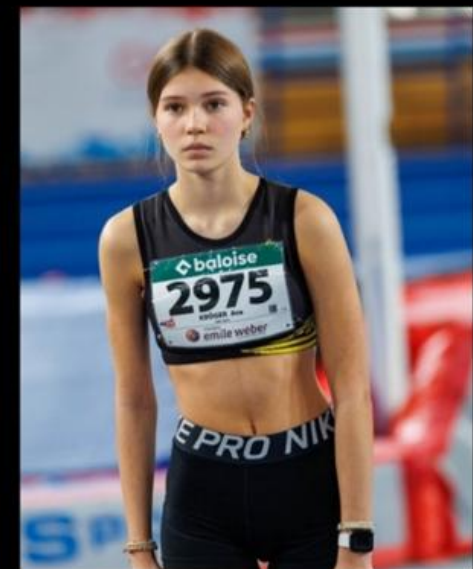
- 1. MALLINGER Nahla 2129 pts
- 4. WINCKEL Flo 1831 pts
- 7. SCHEIDEN Alice 1650 pts

Minimes f. U16 (2010)

- 3. WEBER Anastasia 1966 pts
- 6. KRÖGER Ava 1830 pts

Minimes m. U16 (2011)

- 6. MERGEN Andy 1708 pts



CLUBREKORDER A MEILLEURES PERFORMANCES INDOOR

- De Carolis Giordano 60m indoor D.M. 9"94
- Netti Audric perche indoor M.M. 3,31m
- Kaell Jim 200m indoor C.M. 22"56
- Naliali Christopher 60m indoor S.M. 6"84
- Naliali Christopher 400m indoor S.M. 47"90
- Mores Liz hauteur indoor Scol.F. 1,50m
- Mores Liz 1000m indoor Scol.F. 3'21"99
- Freylinger Maëlys perche indoor M.F. 2,41m
- Mallinger Nahla 60m indoor M.F. 8"22
- Siegel Emma 60m haies indoor M.F. 10"50
- Baustert Margot 1000m indoor M.F. 3'11"97
- Krumlovsky Tamara 800m indoor S.F. 2'23"74
- Krumlovsky Stéphanie poids 4kg indoor S.F. 15,24m



Piste-Saison

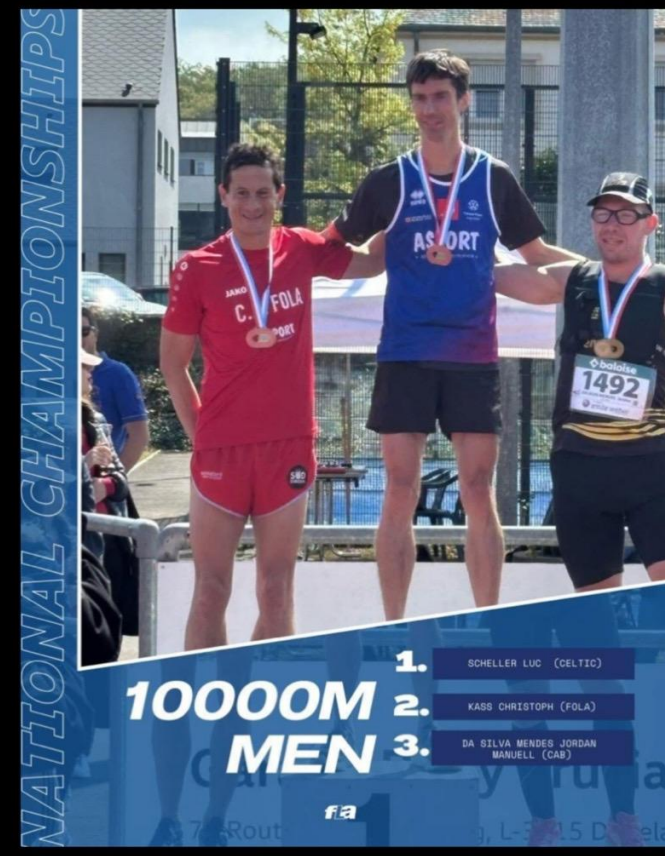


26/04/2025

Championnats Nationaux longues distances

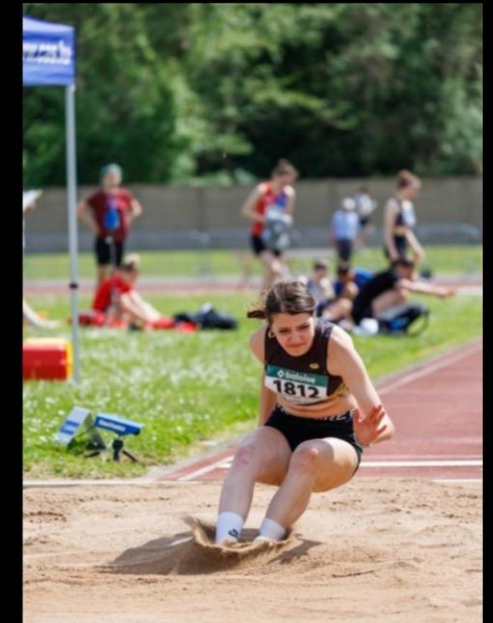
3e Place

- Engel Felix 3.000 m 10'24"49 M.M.
- Da Silva Mendes Jordan 10.000 m 38'17"21 S.M.



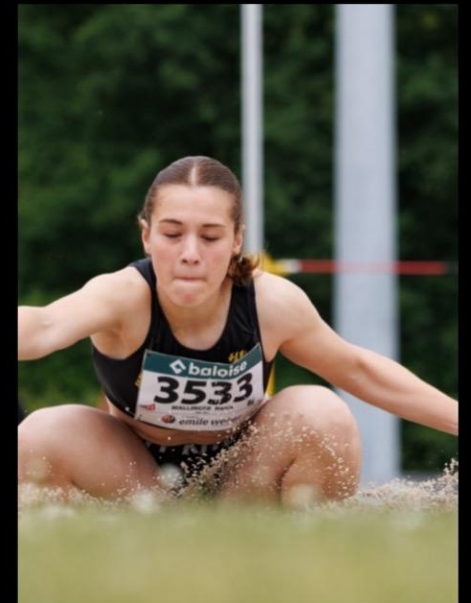
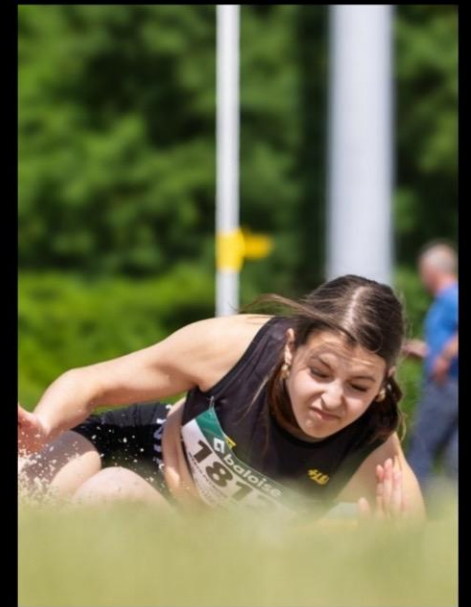
04/05/2025 Championnats interclubs Dames et Hommes

- dames, 95 points, place 4
- hommes, 133 points, place 2
- general dames et hommes, 228 points, place 3



17/05/2025 Championnats interclubs des Jeunes

- minimes, cadets, juniors fém.,
7857 points, place 6 (+1)
- minimes, cadets, juniors masc.,
6062 points, place 5 (-1)



27/05 – 31/05/2025 JPEE Andorra

- Lieners Sandra 10.000 m 36'55"94 7. place
- Lieners Sandra 5.000 m 17'38"33 4. place
- Lieners Yannick 10.000 m 32'33"20 7. place
- Krumlovsky Stéphanie poids 4 kg 13,98 m 4. place
- Rossi Sandrine 4x100m 46"20 3. place



15/06/2025 Championnats Nationaux des Jeunes

Champion

- Kaell Jim 100m 11"52 C.M.
- Kaell Jim 200m 22"66 C.M.
- Mbah Pagui Carl triple 13,58m C.M.
- Netti Audric perche 3,60m M.M.
- Serra Alexandre perche 3,40m C.M.
- Krumlovsky Gina 400m 58"44 C.F.
- Mallinger Nahla 100m 13"39 M.F.
- Freylinger Maëlys perche 2,40m M.F.
- Freylinger Maëlys disque 0,75kg 24,30m M.F.

Vice-Champion

- Kaell Jim 400m 50"71 C.M.
- Winckel Flo perche 1,80m M.F.
- Mergen Andy 300 m haies 47"09 M.M.

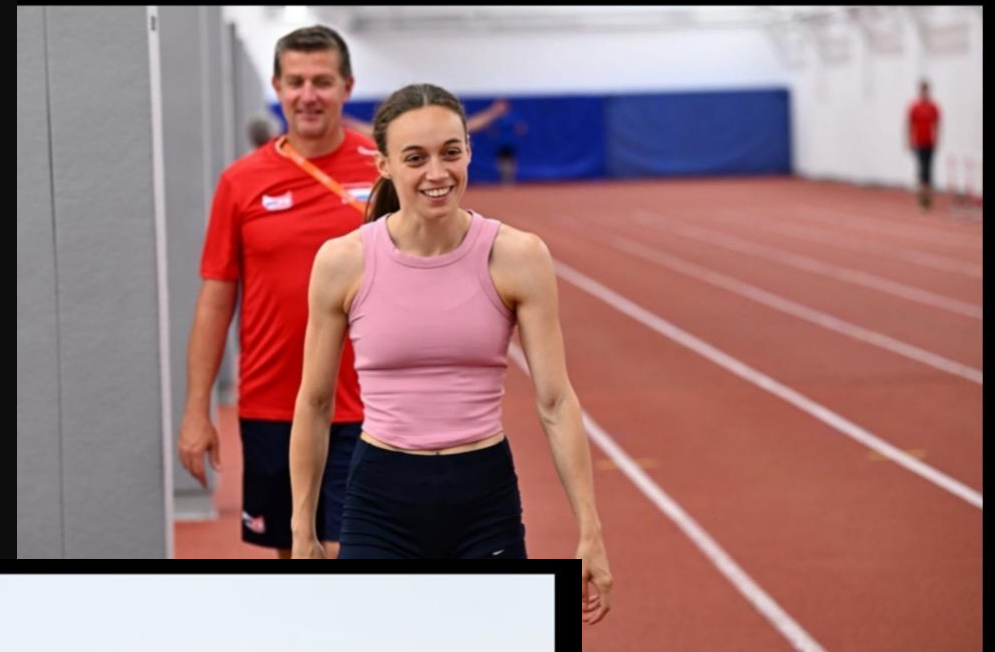
3e place

- Mallinger Nahla longueur 4,68 m M.F.



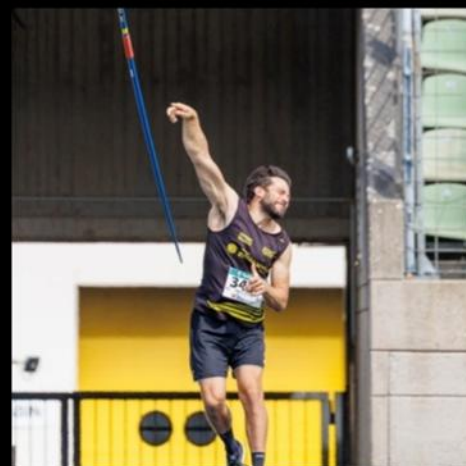
24/06/2025 European Team Championships Maribor

- Lieners Yannick 5.000 m 15'27"21 8. place
- Krumlovsky Stéphanie poids 4 kg 14,40 m 5. place
- Krumlovsky Stéphanie disque 1 kg 44,06 m 5. place
- Weiwert Steve Marteau 7,26 kg 50,50 m 4. place
- Rossi Sandrine 4x100 m 46"18 2. place



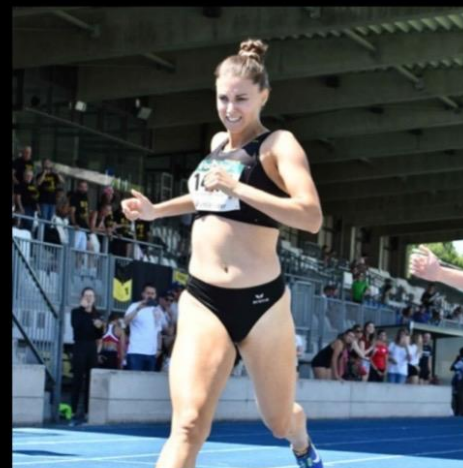
12/07/2025 Coupe d'athlétisme du Luxembourg hommes

- minimes, cadets, juniors, espoirs, seniors m.
- 2. Plaz mat 23 Athleten (+6)
- 15914 points (+ 789 pts)



13/07/2025 Coupe d'athlétisme du Luxembourg dames

- minimes, cadettes, juniors, espoirs, seniors f.
- 4. Plaz mat 18 Athleten (+3)
- 11053 points (+ 1508 pts)



03/08/2025

Championnats nationaux Seniors

Champion

- Costa Badjana Otoniel poids 7,26 kg 15,64 m
- Weiwert Steve Marteau 7,26 kg 51,22 m
- Krumlovsky Stéphanie disque 1 kg 45,24 m
- Schiele Katharina poids 4 kg 13,34 m

Vice-Champion

- Bebon Quentin hauteur 1,91 m
- Mbah Pagui Carl triple 13,45 m
- Costa Badjana Otoniel disque 2 kg 47,30 m

3e place

- Rossi Andrea 400 m haies 58"13
- Kaell Jim 100 m 11"32
- Kaell Jim 200 m 22"27
- Netti Audric perche 3,60 m
- Rossi Sandrine 200 m 25"96
- Weiwert Steve disque 2kg 36,63 m



Nouveaux Records Club

Dames 15 x



Lieners Sandra	6x	10km route 34'11
		5km route 17'03
		3000m 10:05,17
		10000m 36:55,94
		1500m 4:36,85
Baustert Margot	2x	5000m 16:49,91
		1000m indoor 3:12,33
		1000m indoor 3:11,97
Krumlovsky Tamara	3x	800 m indoor 2:24,34
		800m indoor 2:23,74
		600m 1:40,40
Krumlovsky Stéphanie	4x	Disque 1kg 46,72m RN
		Disque 1kg 48,17m RN
		Poids 4kg 14,91m RN
		Poids 4kg indoor 15,24m RN

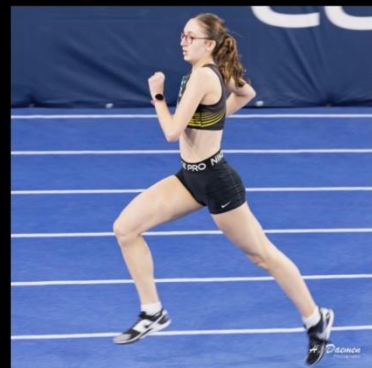
Nouveaux Records Club

Hommes 10 x



Naliali Christopher	4x	60 m indoor 6''87
		60 m indoor 6''84
		400 m indoor 47''90
		400 m 46''73
Weiwert Steve	4x	Marteau 7,26kg 53,95m
		Marteau 7,26kg 54,24m
		Marteau 7,26kg 55,66m
		Marteau lourd 15,88kg 17,91m MPN
Toussaint Justin	2x	800m 1:54,51
		800m 1:53,68

Meilleures performances Club jeunes filles 17 x



Débutantes	0x	/
Scolaires fém.	11x	Liz Mores (1000m indoor + hauteur + hauteur indoor, 2000m), Siegel Emma (60m haies indoor, 1000m indoor, 1000m, 2000m, 3000m, 150m)
Minimes fém.	3x	Nahla Mallinger (60 m indoor), Freylinger Maëlys (perche indoor), Margot Baustert (1000m indoor)
Cadettes	0x	/
Juniors fém.	0x	/
Espoirs fém.	3x	Nomine Clemence (60m indoor, longueur indoor), Coutelette Julia (60mhaies indoor)

Meilleures performances Club jeunes garçons 12 x



Débutants masc.	1x	Giordano De Carolis (60m indoor)
Scolaires masc.	1x	Jacques Engel (2000m)
Minimes masc.	3x	Audric Netti (perche indoor, perche), Felix Engel (2000m steeple)
Cadets	4x	Carl Mbah Pagui (triple), Jim Kaell (200 m indoor, 200m, 300m)
Juniors masc.	0x	/
Espoirs masc.	1x	Marino Andresini (400m indoor)
Seniors masc.	2x	Jim Kaell 2x (4x100m sélection nationale)

Records nationaux 5 x

NATIONAL RECORD
SHOT PUT INDOOR



Stéphanie Krumlovsky
15.24M

NATIONAL RECORD
SHOT PUT



Stéphanie Krumlovsky
14.91M

NATIONAL RECORD
DISCUS THROW



Stéphanie Krumlovsky
46.72M

NATIONAL RECORD



DISCUS
WOMEN

Stéphanie Krumlovsky
48.17M

NATIONAL BEST



WEIGHT
THROW

Steve WEIWERT
17.91

Challenge Tageblatt

Challenge Tageblatt

Débutantes U12 (2015)

- - GALASSO Lia-Serena 492 pts

Débutantes U12 (2014)

- 10. THEISEN Sophie 1402 pts
- 21. SCHALBAR Lena 1294 pts
- 23. SIEGEL Mia 1226 pts
- 29. JUNGERS Lina 1102 pts

Débutants masc. U12 (2015)

- 1. FEIPEL Lou 1463 pts
- 2. DE CAROLIS Giordano 1397 pts
- 23. WAMPACH Ben 791 pts

Débutants masc. U12 (2014)

- 28. DE SOUSA MOURA Mateus 1093 pts
- - MARSON Tim 980 pts



Challenge Tageblatt

Scolaires féminins U14 (2012)

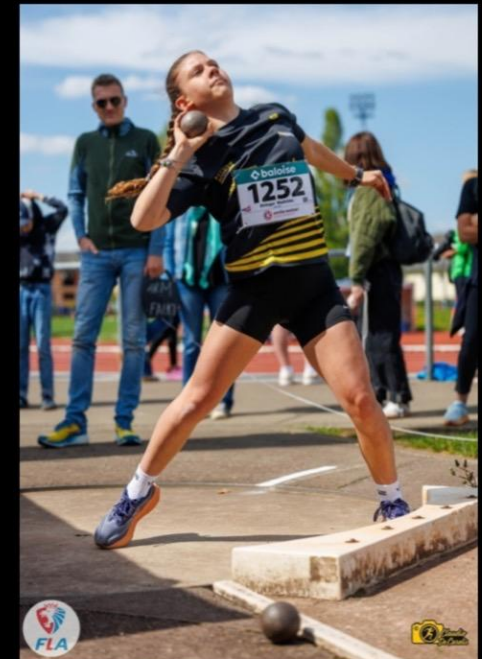
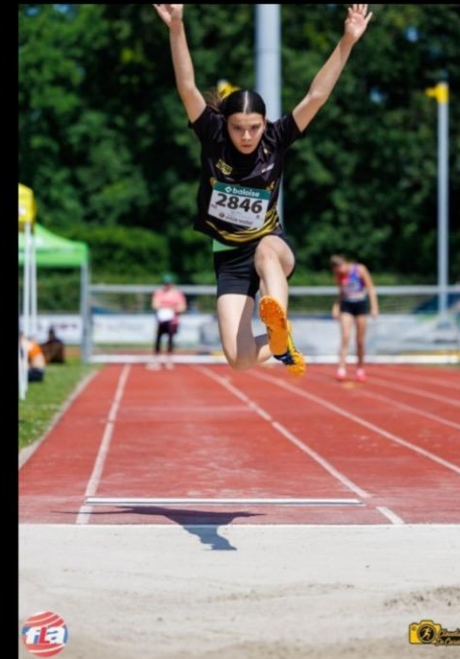
- 2. MORES Liz 3197 pts
- 6. SIEGEL Emma 2984 pts
- 13. DE CAROLIS Giulia 2822 pts
- 14. ELDEWEYS GONCALVES Emma 2822 pts
- 18. ETRINGER Mathilda 2764 pts
- 38. MARSON Chiara 1584 pts
- - BURGOS MIRAVALLS Olivia 1085 pts

Scolaires féminins U14 (2013)

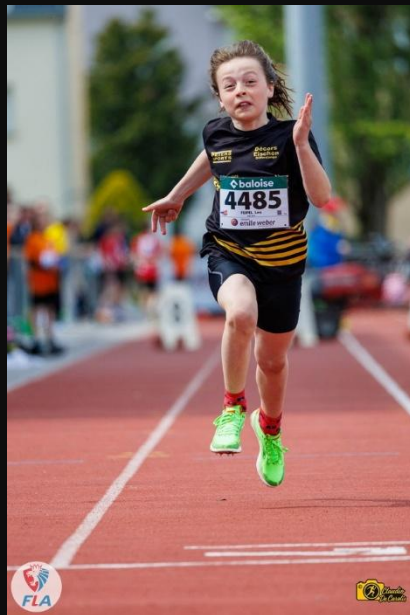
- 11. DI MARTINO Lisa 2696 pts
- - MIRANDA GOMES Eliana 1248 pts

Scolaires masculins U14 (2012)

- - ENGEL Jacques 1383 pts
- - Nickels Tai-Song 701 pts



Challenge Tageblatt



1. Lou



2. Giordi



2. Liz

Classement total Challenge Tageblatt

8. Platz mit 20585 Punkten

15 Athleten

Challenge U16

Minimes féminins U16 (2011)

- 4. MALLINGER Nahla 1704 pts
- 5. WINCKEL Flo 1672 pts
- - SCHEIDEN Alice 1094 pts
- - HUREMOVIC Kiana 876 pts
- - RODRIGUES GOMES Chiara 516 pts

Minimes féminins U16 (2010)

- - KRÖGER Ava 1132 pts

Minimes masculins U16 (2011)

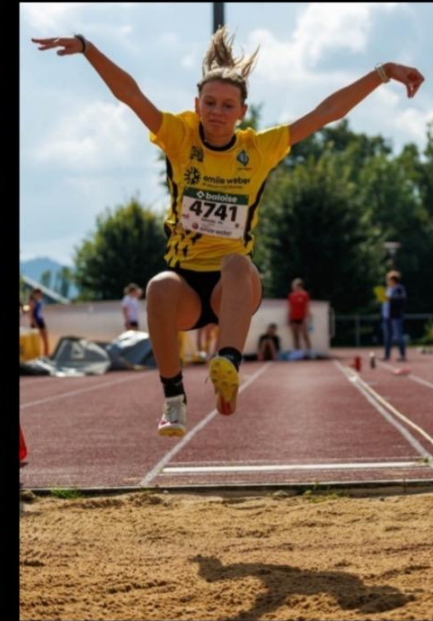
- - MERGEN Andy 1308 pts

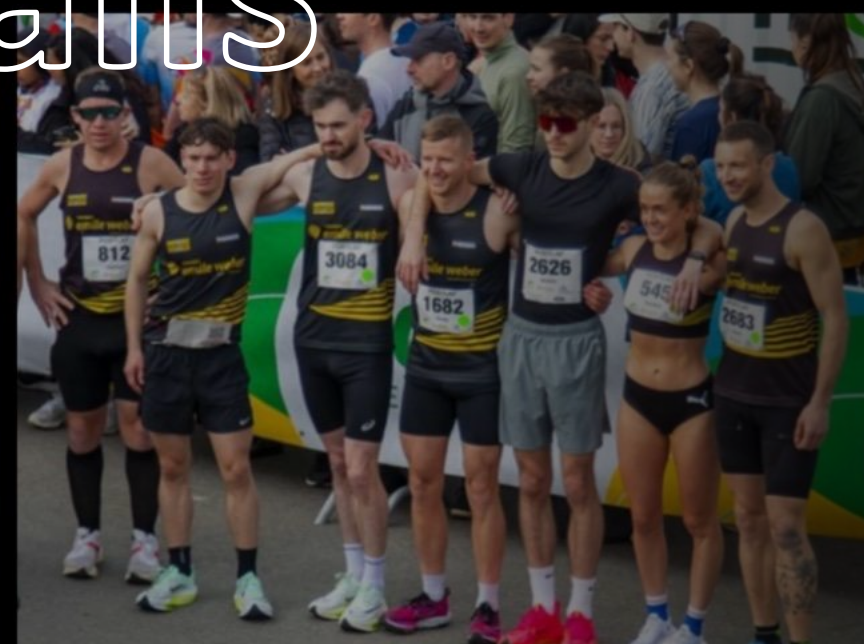
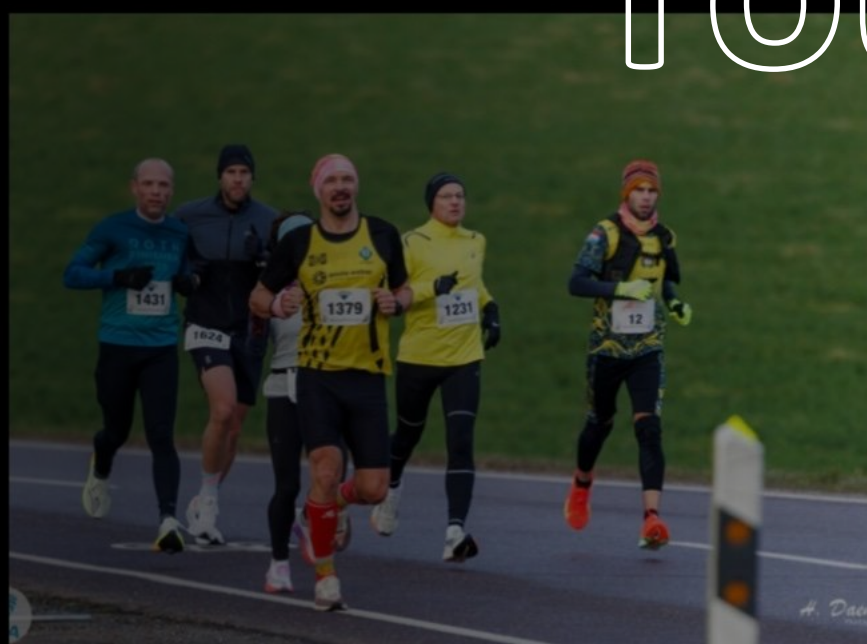
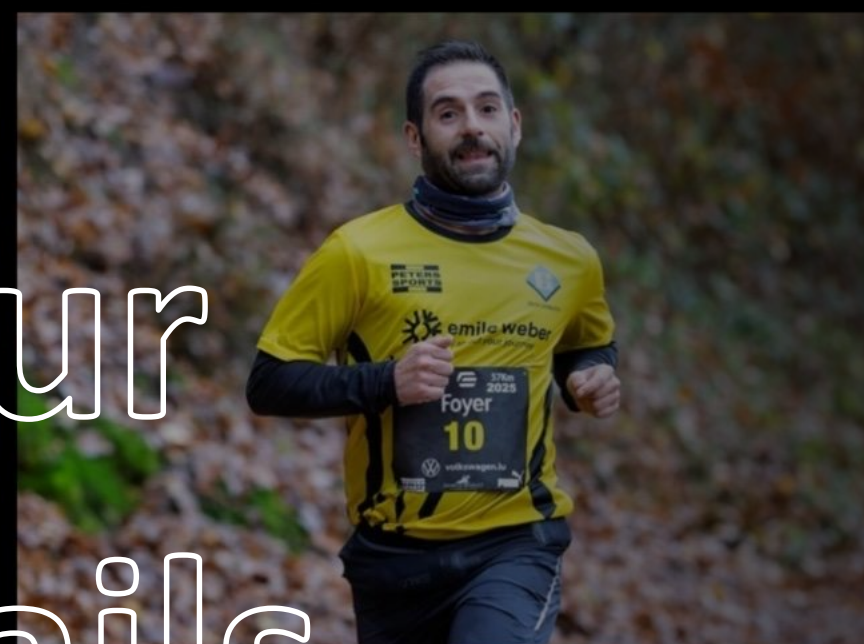
Minimes masculins U16 (2010)

- - NETTI Audric 1049 pts

Classement total Challenge U16 6. Plaz mat 3376 Punkten

2 Athleten





Courses sur route et trails

Courses sur routes et trails

09/03/2025 Championnats nationaux 10 km route – Postlaf
Champion national

Lieners Sandra 36'20"

30/08/2025 Championnat national Trail court 21km – TOWER POWER Trail
3e place

Veigas Toni 1:34'57"

16/11/2025 Championnat national Trail long 57 km – Uewersauer Trail
Champion national

Veigas Toni 5:27'63"



13/04/2025 European Championships 10 km Bruxelles/Louvain

- Lieners Sandra 10 km 35'17 75. place



Courses sur routes

Dames

5 km Dames

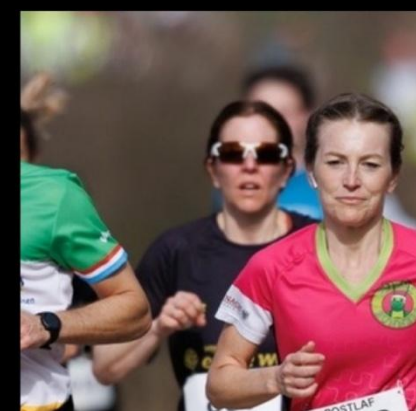
1. Lieners Sandra 17:03 R Club
2. Krumlovsky Tamara 19:59
3. Moeres Liz 20:53

10 km Dames

1. Lieners Sandra 34:11 R Club
2. Havé Mara 40:51
3. Havé Yana 41:19

Semi 21,1 km Dames

1. Havé Mara 1:34:13
2. Rodesch Sophie 1:37:07



Courses sur routes

Hommes

5km Hommes

1. Toussaint Justin 15:40
2. Volta Luca 15:46
3. Engel Felix 17:09

10 km Hommes

1. Lieners Yannick 30:24
2. Remakel Sven 32:30
3. Volta Luca 32:42

Semi 21,1 km Hommes

1. Volta Luca 1:10:42
2. Veigas Toni 1:12:04
3. Berg Gilles 1:19:36

Marathon 42,2 km Hommes

1. Volta Luca 2:28:31
2. Da Silva Mendes Jordan 2:52:40
3. Grün Raoul 2:55:59



Performances Trail

Ultra Trail Chianti Castles 123,5 km

Veigas Toni 14:47:22 place 37

UTMB Monterosa 82,4 km

Veigas Toni 15:03:52 place 93

Ultratrail Müllerthal 111 km

Veigas Toni 10:56:10 place 1

RedRock Trail 29 km

Veigas Toni 1:57:34 place 1

Grün Raoul 2:10:55 place 2

3 Länner Trail 33 km

Remakel Sven 2:24:52 place 1



KidsCups





Kids Cup
2025





Cross-Saison

02/02/2025 European Cross Championships Teams à Albufeira

9130 m

- Volta Luca 66. place
- Veigas Toni 76. place
- Kipchen Chris 78. place
- Miranda Ceba Joao Pedro DNF
- Team CAB 21. place de 23
- TOTAL 86 athlètes



30/11/2025

Championnats nationaux CROSS à Schiffflange

Champion

Mores Liz Scolaires f.

Interclub Cross scolaires f. –

Mores Liz, Siegel Emma, Kohn Olivia

Vice-Champion

Siegel Emma scolaires f.

Lieners Sandra seniors f.

3e place

Interclub Cross Hommes –

Miranda Cepa Joao, Lieners Yannick,
Volta Luca



12/2025 classement Cross Challenge Asport

1e place

Mores Liz Scol. f.

2e place

Siegel Emma Scol f.



LIZENZEN FLA

Licences FLA	Fin 2025
Compétition	227 (+7)
Loisir	18(-24)
Officiel	6 (0)
Juges	4 (+4)
TOTAL	255 (-13)

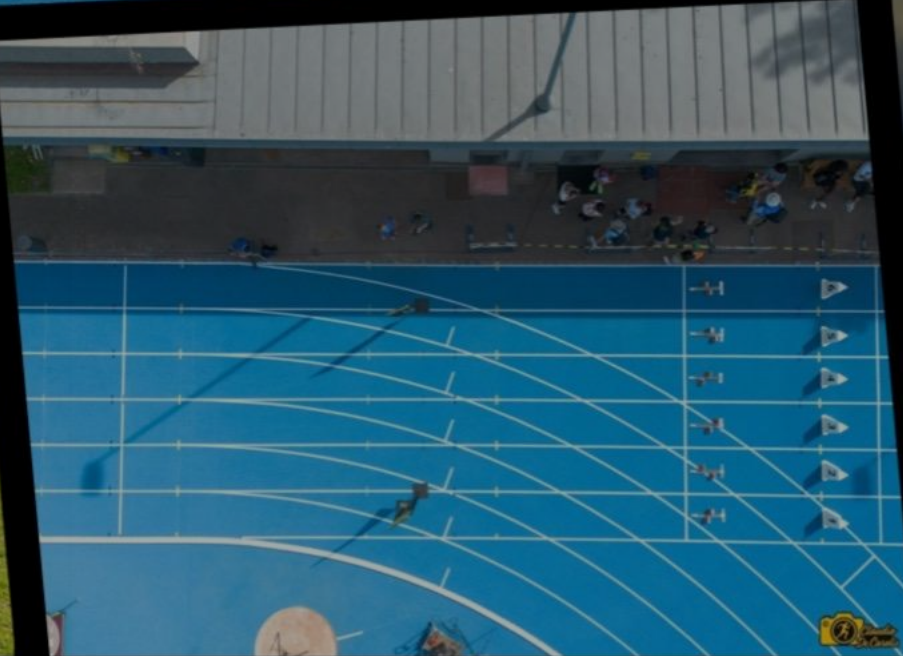
Transferts 2025:

Partants: 4

Venants: 3



Merci aux
bénévoles



Dir sidd den CAB