

**WOMEN FORTRI** EVERY WOMAN HAS A REASON SHE COMPETES **#WHYWETRI** **TELL US YOUR WHY**

**FUEL YOUR COMPETITIVE**  
NUTRITION GUIDE

# IRONMAN EUROPEAN CHAMPIONSHIP - 05 Jul 2015



- LIVE COVERAGE
- ATHLETE TRACKER**
- PRO LEADERBOARDS
- PHOTOS
- EVENT DETAILS

## 2015 Results: Frankfurt

MALE & FEMALE | PROS & ALL AGE GRO... | APPLY >

ENTER LAST NAME OR BIB #

- ALL** A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

### DANY PAPI

DIV RANK: 112 OVERALL RANK: 501

#### GENERAL INFO

BIB	1709
Division	M35-39
State	
Country	LUX
Profession	

#### RACE SUMMARY

Swim:	1:14:58
Bike	4:58:08
Run	4:49:51
Overall	11:11:04

#### SWIM DETAILS | Division Rank: 177

SPLIT NAME	DISTANCE	SPLIT TIME	RACE TIME	PACE	DIVISION RANK	GENDER RANK	OVERALL RANK
1.5 km	1.5 km	32:29	32:31	2:09/100m			
3.8 km	2.3 km	42:27	1:14:58	1:50/100m			
<b>Total</b>	<b>3.8 km</b>	<b>1:14:58</b>	<b>1:14:58</b>	<b>1:58/100m</b>	<b>177</b>	<b>780</b>	<b>840</b>

#### BIKE DETAILS | Division Rank: 57

SPLIT NAME	DISTANCE	SPLIT TIME	RACE TIME	PACE	DIVISION RANK	GENDER RANK	OVERALL RANK
13.4 km	13.4 km	19:28	1:39:46	41.30 km/h			
24.5 km	11.1 km	17:37	1:57:23	37.81 km/h			
30.4 km	5.9 km	8:31	2:05:54	41.57 km/h			
60 km	29.6 km	47:22	2:53:16	37.49 km/h			
60.7 km	0.7 km	1:32	2:54:48	27.39 km/h			
88.3 km	27.6 km	44:08	3:38:56	37.52 km/h			

LIVE COVERAGE - ENGLISH

#### Live Blog

### IRONMAN European Championship Frankfurt

- All Posts
- Writer Posts
- Media Posts

00:00

Pro men start list

- 1 Kienle Sebastia (Germany)
- 2 Van Lierde Fre (Belgium)
- 3 Frodeno Jan M (Germany)
- 4 Llanos Eneko I (Spain)
- 5 Raelert Andre (Germany)
- 6 Diederer Bas I (Netherlands)
- 7 Boecherer Anc (Germany)
- 8 Blanchart Tint (ESP (Spain))

#### Latest News

Nicholls and Wutti Fly 06 Juli 2015

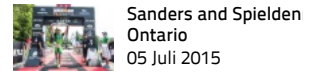
96.1 km	7.8 km	12:16	3:51:12	38.15 km/h			
108.5 km	12.4 km	18:46	4:09:58	39.64 km/h			
114.4 km	5.9 km	9:27	4:19:25	37.46 km/h			
143.3 km	28.9 km	51:12	5:10:37	33.87 km/h			
144 km	0.7 km	1:46	5:12:23	23.77 km/h			
172.3 km	28.3 km	50:06	6:02:29	33.89 km/h			
180.1 km	7.8 km	15:13	6:17:42	30.76 km/h			
180.5 km	0.4 km	0:44	6:18:26	32.73 km/h			
<b>Total</b>	<b>180.5 km</b>	<b>4:58:08</b>	<b>6:18:26</b>	<b>36.33 km/h</b>	<b>57</b>	<b>240</b>	<b>250</b>

#### RUN DETAILS | Division Rank: 112

SPLIT NAME	DISTANCE	SPLIT TIME	RACE TIME	PACE	DIVISION RANK	GENDER RANK	OVERALL RANK
1.5 km	1.5 km	7:39	6:28:52	5:06/km			
3.1 km	1.6 km	7:02	6:35:54	4:23/km			
7.7 km	4.6 km	25:01	7:00:55	5:26/km			
9.7 km	2 km	10:54	7:11:49	5:27/km			
10.5 km	0.8 km	4:47	7:16:36	5:58/km			
12 km	1.5 km	9:34	7:26:10	6:22/km			
13.6 km	1.6 km	8:33	7:34:43	5:20/km			
18.2 km	4.6 km	29:02	8:03:45	6:18/km			
20.2 km	2 km	13:57	8:17:42	6:58/km			
21.1 km	0.9 km	5:50	8:23:32	6:28/km			
22.5 km	1.4 km	10:51	8:34:23	7:45/km			
24 km	1.5 km	9:07	8:43:30	6:04/km			
28.7 km	4.7 km	29:49	9:13:19	6:20/km			
30.7 km	2 km	14:12	9:27:31	7:06/km			
31.4 km	0.7 km	7:12	9:34:43	10:17/km			
33 km	1.6 km	15:40	9:50:23	9:47/km			
34.5 km	1.5 km	12:19	10:02:42	8:12/km			
39.2 km	4.7 km	43:53	10:46:35	9:20/km			
41.3 km	2.1 km	16:10	11:02:45	7:41/km			
41.9 km	0.6 km	6:46	11:09:31	11:16/km			
42.1 km	0.2 km	1:08	11:10:39	5:39/km			
42.2 km	0.1 km	0:25	11:11:04	4:09/km			
<b>Total</b>	<b>42.2 km</b>	<b>4:49:51</b>	<b>11:11:04</b>	<b>6:52/km</b>	<b>112</b>	<b>467</b>	<b>501</b>

#### Transition Details

T1: Swim-to-bike	5:20
T2: Bike-to-run	2:47



Sanders and Spielden Ontario  
05 Juli 2015



Frodeno, Ryf Triumph  
05 Juli 2015



#### Twitter | Facebook



#IM703Muskoka @Ironm  
podium: 1 @spielder 4:39:2  
4:40:07 3 @SueHuse 4:50:11  
1 DAY AGO | Reply | Ret



#IM703Muskoka @spield  
Ironman 70.3 Muskoka char  
of 4:39:27.  
1 DAY AGO | Reply | Ret



#IM703Muskoka @Ironm  
@LSandersTri 4:02:52 2 @  
3 @IanBoggs 4:19:33 Congr  
1 DAY AGO | Reply | Ret



#IM703Muskoka @spield  
whittled down to +2:14 by Ki  
into the run.  
1 DAY AGO | Reply | Ret



#IM703Muskoka @LSand  
Subaru Ironman 70.3 Muskc  
Congrats!  
1 DAY AGO | Reply | Ret

Follow us on Twi



## Races

### ALL RACES

- IRONMAN
- IRONMAN 70.3
- Championships
- 5150 and International

### LOCATIONS

- Europe
- Africa
- Asia
- Australia
- North America
- South America

## Results

### AGE GROUP ATHLETES

- Profiles

### PRO ATHLETES

- Pro Membership
- Anti-Doping
- Race News

## Training

### GET STARTED

- IRONMAN 101
- IRONMAN Foundation
- Rules
- FAQ

### REACH YOUR GOALS

- Training
- Nutrition
- Inspiration

## News

### ALL NEWS

- Inspiration
- Training
- Nutrition

### SOCIAL COMMUNITY

- Official Facebook Pages
- Official Twitter Accounts

## Store

Get the Gear

## Programs

- Women for Tri
- TriClub Program
- Hall of Fame
- Executive Challenge
- Kona Legacy Program
- Foundation

## Subscribe

Get news, eve

Signup for E



## Corporate:

- Press Information
- Jobs
- Intellectual Property Usage
- Privacy Policy
- Contact

Copyright© 2001-2015 World Triathlon Corporation (WTC). All Rights Reserved. IRONMAN®, IRONMAN TRIATHLON®, M-DOT®, IRONMANLIVE.com®, IRONMAN.COM™ and 70.3® are trademarks of WTC. Any use of these marks without the express written consent of WTC is prohibited.