

PLATZ	START_NR	NAME	VEREIN	GESCHLECHT	AK	AK_PL	GES_ZEIT	SWIM	Rng	RAD	Rng	LAUF	Rng
1	10	Ley Benjamin	stimmel-sports e.V.	M	TMJB	1	00:32:30	00:05:56	3	00:19:18	1	00:07:16	1
2	19	Wagner Nils	TuS Ahrweiler 98	M	TMJB	2	00:32:46	00:05:50	2	00:19:23	3	00:07:33	2
3	6	Gorges Oliver	Tri Post Trier	M	TMJB	3	00:34:02	00:05:45	1	00:19:48	4	00:08:29	5
4	12	Nohn Alexander	TriKids TuS Ahrweiler	M	TMJB	4	00:34:49	00:07:00	14	00:19:20	2	00:08:29	5
5	5	Frischkorn Konrad	TCEC Mainz	M	TMJB	5	00:34:57	00:06:59	13	00:19:48	4	00:08:10	3
6	1	Ackermann Yannick	DLB-Team RSG Montabaur	M	TMJB	6	00:35:12	00:06:10	5	00:19:55	6	00:09:07	9
7	7	Große Florian	DBL-Team RSG Montabaur	M	TMJB	7	00:35:26	00:06:25	9	00:20:22	7	00:08:39	7
8	9	Kolberg Lennert	Triathlon TuS Ahrweiler	M	TMJB	8	00:35:33	00:06:41	11	00:20:29	8	00:08:23	4
9	2	Bank Constantin	tcec-mainz	M	TMJB	9	00:36:40	00:06:23	8	00:20:46	9	00:09:31	10
10	8	Klößner Nils	DBL-Team RSG Montabaur	M	TMJB	10	00:36:54	00:06:26	10	00:21:30	12	00:08:58	8
11	14	Roth Stefan	TriKids TuS Ahrweiler	M	TMJB	11	00:37:00	00:06:22	7	00:20:55	10	00:09:43	11
12	15	Schneider Alexander	DBL-Team RSG Montabaur	M	TMJB	12	00:37:59	00:06:14	6	00:21:25	11	00:10:20	13
13	17	Steigert Hannah	TV 1860 Mussbach	W	TWJB	1	00:39:09	00:06:05	4	00:23:03	13	00:10:01	12
14	16	Spitzhorn Nina	DBL Team RSG Montabaur	W	TWJB	2	00:41:03	00:07:00	14	00:23:34	14	00:10:29	14
15	11	Merz Katharina	DBL-Team RSG Montabaur	W	TWJB	3	00:42:32	00:06:56	12	00:23:34	14	00:12:02	16
16	3	Dötsch Viktoria	TMK e.V.	W	TWJB	4	00:43:51	00:07:12	16	00:24:43	16	00:11:56	15

PLATZ	START_NR	NAME	VEREIN	GESCHLECHT	AK	AK_PL	GES ZEIT	SWIM	Rng	RAD	Rng	LAUF	Rng
1	135	Theobald Andreas	Tri Post Trier	M	TMJU	1	00:58:50	00:07:32	3	00:33:16	1	00:18:02	3
2	40	Ehlen Marc Pascal	TV 1860 Mussbach	M	TMJU	2	01:01:26	00:07:45	4	00:35:06	7	00:18:35	4
3	60	Groth Marco	Rsg Montabaur	M	TMJU	3	01:01:27	00:08:35	19	00:35:02	6	00:17:50	2
4	131	Stimmel Linus	stimmel-sports e.V.	M	TMJA	1	01:02:39	00:07:10	2	00:36:31	11	00:18:58	5
5	145	Weiler Georg	SRL Koblenz	M	TM30	1	01:03:25	00:08:09	10	00:35:20	10	00:19:56	7
6	117	Schneider Christian	DBL-Team RSG Montabaur	M	TMJA	2	01:04:35	00:07:07	1	00:36:48	15	00:20:40	12
7	38	Eckenfels Magnus	stimmel-sports e.V.	M	TMJA	3	01:04:56	00:07:48	6	00:37:03	17	00:20:05	8
8	148	Yüksekoglu Yusuf	SRL Triathlon Koblenz	M	TM35	1	01:05:00	00:09:01	23	00:35:12	8	00:20:47	14
9	179	Rudolph Jürgen	SRL Koblenz	M	TM45	1	01:05:12	00:11:56	78	00:39:12	31	00:14:04	1
10	55	Görg André		M	TM40	1	01:05:34	00:08:54	20	00:35:01	5	00:21:39	20
11	133	Teichmann Lucas	TCEC Mainz	M	TMJU	4	01:05:57	00:08:56	21	00:37:12	20	00:19:49	6
12	169	Lißmann Simon	WVC Kassel	M	TM25	1	01:06:08	00:10:08	42	00:34:54	4	00:21:06	15
13	139	Uhren Gerd	Triathlon TuS Ahrweiler	M	TM45	2	01:06:17	00:08:31	17	00:36:33	12	00:21:13	17
14	114	Schneider Marvin	Tri TUS Ahrweiler / RTV Kader	M	TMJA	4	01:07:06	00:08:10	11	00:37:47	24	00:21:09	16
15	122	Schulz Frank	SC Poseidon Koblenz	M	TM50	1	01:07:28	00:11:45	73	00:35:18	9	00:20:25	10
16	66	Ickenroth Alexander	SRL Triathlon Koblenz	M	TM40	2	01:07:31	00:12:45	96	00:34:40	3	00:20:06	9
17	129	Steinberg Steffi	EJOT Team TV Buschhütten	W	TW30	1	01:08:00	00:10:04	39	00:37:14	21	00:20:42	13
18	128	Steigert Sebastian	TV 1860 Mussbach	M	TMJA	5	01:08:14	00:07:47	5	00:38:44	27	00:21:43	22
19	37	Dülfer Tim	Tri Post Trier	M	TMJU	5	01:08:23	00:09:53	36	00:37:06	18	00:21:24	19
19	32	Dämmer Rudolf	SRL Triathlon Koblenz	M	TM45	3	01:08:23	00:09:18	27	00:37:11	19	00:21:54	24
21	115	Schneider Peter	DJK Marienstatt	M	TM40	3	01:08:52	00:12:49	98	00:34:21	2	00:21:42	21
22	146	Weinand Sanny	TMK Custom-Cycling	W	TWJA	1	01:09:07	00:08:08	9	00:38:49	28	00:22:10	26
23	140	Ulonska Conrad	TV 1860 Mussbach	M	TMJA	6	01:09:16	00:07:52	7	00:39:29	33	00:21:55	25
24	119	Schrömges Manfred	SRL Triathlon Koblenz	M	TM45	4	01:09:42	00:10:17	47	00:36:33	12	00:22:52	32
25	72	Kistner Daniel	DJK Andernach Tria	M	TM35	2	01:09:47	00:10:06	40	00:38:28	25	00:21:13	17
26	35	Dorer Tony	SRL Triathlon Koblenz	M	TM45	5	01:10:25	00:09:21	28	00:37:22	22	00:23:42	39
27	71	Kirstges Christian	TMK Mülheim Kärlich	M	TM25	2	01:10:46	00:09:26	30	00:00:00	0		0
28	123	Schwickert Christian		M	TM35	3	01:10:51	00:11:00	59	00:36:35	14	00:23:16	35
29	48	Gassen Rene	Lützel Baskets	M	TM35	4	01:11:36	00:09:36	31	00:39:36	37	00:22:24	28
30	52	Gerling Matthias	rsg-Montabaur	M	TMJA	7	01:11:41	00:10:30	52	00:38:33	26	00:22:38	31
31	81	Lichtenthäler Andreas	Westerwald Bank / DJK Marienstatt	M	TM50	2	01:12:15	00:12:19	88	00:36:52	16	00:23:04	33
32	33	Dany Axel	SRL Triathlon Koblenz	M	TM50	3	01:12:54	00:11:01	60	00:37:34	23	00:24:19	48
33	63	Diehl Britta	TriPower Rhein-Sieg	W	TW45	1	01:13:06	00:08:22	15	00:41:25	56	00:23:19	37
34	46	Flecks Micky	WSC Goldener Grund	M	TM50	4	01:13:16	00:10:02	37	00:40:53	46	00:22:21	27
35	62	Hagenow Rolf	SRL Koblenz	M	TM40	4	01:13:22	00:09:10	24	00:41:03	50	00:23:09	34
36	173	Leurer Roland	TuS Niederberg	M	TM45	6	01:14:13	00:10:02	37	00:38:51	29	00:25:20	59
37	134	Teusch Michael	RSC Monte Kali Neuhof	M	TM35	5	01:14:24	00:10:36	53	00:39:34	35	00:24:14	46
38	126	Springer Annika	Tricon Schwäbisch Hall	W	TW25	1	01:14:55	00:10:15	46	00:41:04	51	00:23:36	38

39	65	Henke Dirk		M	TM35	6	01:15:03	00:09:47	34	00:40:53	46	00:24:23	49
40	28	Borowski Thomas	Tri Power Rhein-Sieg	M	TM50	5	01:15:04	00:10:07	41	00:40:27	44	00:24:30	52
41	69	Jahner Julius	Trikids Tus Ahrweiler	M	TMJA	8	01:15:07	00:08:28	16	00:40:35	45	00:26:04	72
41	51	Geimer Günter	DJK Marienstadt	M	TM50	6	01:15:07	00:11:10	61	00:39:42	38	00:24:15	47
43	30	Dahlem Carla	DBL-Team RSG Montabaur	W	TWJA	2	01:15:09	00:08:34	18	00:40:57	48	00:25:38	67
44	112	Schmidt Lea	DBL-Team RSG Montabaur	W	TWJA	3	01:15:10	00:08:15	13	00:41:18	54	00:25:37	65
45	80	Lichtenthaeler Reiner	DJK-Marienstatt	M	TM60	1	01:15:11	00:13:43	105	00:38:54	30	00:22:34	30
46	78	Groß Helmut		M	TM45	7	01:15:23	00:12:47	97	00:40:12	41	00:22:24	28
47	138	Uderstadt Jana	stimmel-sports e.V.	W	TWJA	4	01:15:34	00:10:27	49	00:39:34	35	00:25:33	63
48	83	Löbbert Hans Georg	SRL Triathlon Koblenz	M	TM60	2	01:15:36	00:11:55	76	00:39:14	32	00:24:27	50
49	85	Lörsch Florian	Hardtseemafia Triathlon	M	TM20	1	01:16:09	00:10:40	56	00:41:02	49	00:24:27	50
50	59	Grimm Thoraten	TCEC Mainz	M	TM45	8	01:16:16	00:10:12	44	00:41:51	61	00:24:13	44
51	97	Päch Norman	Tri Power Rhein Sieg	M	TM45	9	01:16:26	00:11:17	64	00:40:12	41	00:24:57	55
52	43	Fey Ralf	SRL Triathlon Koblenz	M	TM50	7	01:16:34	00:10:29	51	00:42:10	64	00:23:55	41
53	180	Röhrig Stefan	RSV Oranien Nassau	M	TM40	5	01:16:37	00:12:18	87	00:39:31	34	00:24:48	53
54	92	Mohr Helmut	Triathlon Wetterau	M	TM60	3	01:16:38	00:09:14	26	00:41:45	58	00:25:39	68
55	178	Fasel Oliver		M	TM40	6	01:16:48	00:11:38	71	00:40:06	40	00:25:04	56
56	125	Skoda Marlen	DJK Andernach Tria	W	TW30	2	01:17:00	00:10:08	42	00:42:46	67	00:24:06	43
57	79	Lehmann Olaf	SRL Triathlon Koblenz	M	TM45	10	01:17:07	00:09:45	33	00:41:46	59	00:25:36	64
58	41	Ehram Petra	Custom Cycling	W	TW45	2	01:17:17	00:11:55	76	00:39:50	39	00:25:32	62
59	104	Röcker Ronny	weltraumjogger berlin	M	TM60	4	01:17:25	00:10:27	49	00:41:10	52	00:25:48	70
60	108	Salingré Oliver	Team-Fresh-Dachs	M	TM40	7	01:17:30	00:13:23	103	00:40:20	43	00:23:47	40
61	90	Meuer Lena	DBL-Team RSG Montabaur	W	TWJA	5	01:18:13	00:08:58	22	00:41:47	60	00:27:28	81
62	171	Große-Heilmann Tom		M	TM20	2	01:18:15	00:11:25	67	00:44:58	82	00:21:52	23
63	136	Thies Rouven	WSC Goldener Grund	M	TM25	3	01:18:18	00:11:25	67	00:42:05	62	00:24:48	53
64	116	Schneider Björn	SRL Triathlon Koblenz	M	TM20	3	01:18:43	00:10:24	48	00:43:03	69	00:25:16	58
65	25	Bomm Andreas	DLRG Vallendar	M	TM45	11	01:19:29	00:12:38	94	00:41:14	53	00:25:37	65
66	121	Schulz Astrid	SC Poseidon Koblenz	W	TW35	1	01:19:31	00:11:35	70	00:41:29	57	00:26:27	75
67	23	Berkessel Tanja	SRL Triathlon Koblenz	W	TW40	1	01:19:33	00:12:23	89	00:43:54	71	00:23:16	35
68	137	Tonner Hans Juergen	ohne	M	TM50	8	01:19:50	00:11:49	74	00:43:59	74	00:24:02	42
69	44	Fischer Marcus	Tria Kombinat WW	M	TM45	12	01:20:05	00:14:03	109	00:45:26	86	00:20:36	11
70	94	Mutterlose Rolf	SSF Bonn	M	TM50	9	01:20:32	00:11:12	62	00:41:21	55	00:27:59	84
71	132	Szary Adrian		M	TM20	4	01:21:12	00:10:14	45	00:42:07	63	00:28:51	91
72	95	Mutterlose Claudia	SSF Bonn	W	TW45	3	01:21:36	00:11:13	63	00:44:53	80	00:25:30	61
73	34	Diedert René		M	TM35	7	01:21:39	00:12:28	90	00:43:58	73	00:25:13	57
74	120	Schrömges Heike	SRL Triathlon Koblenz	W	TW45	4	01:21:54	00:12:37	93	00:43:56	72	00:25:21	60
75	111	Saxler Rainer	SRL Triathlon Koblenz	M	TM55	1	01:22:09	00:10:37	54	00:42:36	66	00:28:56	92
76	88	Martini Steinmetz Daniel	DLRG Vallendar	M	TM35	8	01:22:35	00:09:52	35	00:00:00	0		0
76	21	Awan Daniel	DLRG Vallendar	M	TMJU	6	01:22:35	00:11:32	69	00:45:21	85	00:25:42	69

78	24	Bertuleit Rainer	TV08 Baumbach	M	TM45	13	01:23:36	00:10:39	55	00:44:46	79	00:28:11	88
79	53	Giehl Gaby		W	TW55	1	01:23:57	00:13:54	107	00:44:06	75	00:25:57	71
80	172	Klapthor Christian		M	TM25	4	01:24:09	00:10:44	57	00:45:39	88	00:27:46	83
81	87	lyding jörg		M	TM40	8	01:24:26	00:12:07	83	00:45:11	84	00:27:08	79
82	73	Klos Matthias		M	TM50	10	01:24:32	00:12:35	92	00:44:17	76	00:27:40	82
83	54	Gläßer Marcel		M	TM20	5	01:24:09	00:14:17	110	00:42:52	68	00:28:00	85
83	49	Geimer Christoph	DJK Marienstatt	M	TM50	11	01:25:09	00:12:17	86	00:44:32	77	00:28:20	90
85	75	Kolberg Swantje	Triathlon TuS Ahrweiler	W	TW50	1	01:25:17	00:13:00	101	00:45:07	83	00:27:10	80
86	99	Pfaff Dieter	1. FC Kaiserslautern	M	TM55	2	01:25:23	00:13:51	106	00:45:26	86	00:26:06	73
86	56	Gorges Nina	Tri Post Trier	W	TWJA	6	01:25:23	00:07:54	8	00:46:19	91	00:31:10	99
88	141	van t Hoen Meike		W	TW30	3	01:25:30	00:11:52	75	00:44:37	78	00:29:01	93
89	127	Stallberg Jan Hendric	ohne	M	TM30	2	01:26:02	00:11:58	79	00:47:28	96	00:26:36	77
90	102	Reitz Sonja	Triathlon Wetterau-Friedberg	W	TW50	2	01:26:24	00:12:59	100	00:47:06	94	00:26:19	74
91	100	Pufke Herold	Running Team Bad Ems	M	TM45	14	01:27:49	00:14:42	113	00:46:33	92	00:26:34	76
92	45	Fischer Jan		M	TM20	6	01:28:54	00:11:20	66	00:45:49	89	00:31:45	104
93	70	Karbach Joachim	SV Weikersburg	M	TM50	12	01:28:58	00:12:15	85	00:52:30	105	00:24:13	44
94	57	Gorges Sarah	Tri Post Trier	W	TWJU	1	01:29:05	00:08:18	14	00:49:22	98	00:31:25	102
95	109	Salterberg Klaus	keiner	M	TM55	3	01:29:53	00:12:04	81	00:47:05	93	00:30:44	97
96	107	Sahl Andreas		M	TM40	9	01:30:48	00:14:31	112	00:44:53	80	00:31:24	101
97	105	Röcker Helga	weltraumjogger berlin	W	TW60	1	01:30:51	00:12:04	81	00:50:47	103	00:28:00	85
98	50	Geimer Christine	DJK Marienstatt	W	TW50	3	01:31:07	00:12:56	99	00:48:24	97	00:29:47	94
99	106	Rosenbaum Peter	DauerPower Ems	M	TM45	15	01:31:16	00:14:01	108	00:45:54	90	00:31:21	100
100	31	Damm Karl Heinz	WSG Bad Marienberg	M	TM65	1	01:32:28	00:18:11	117	00:47:20	95	00:26:57	78
101	103	Reusch Simon	Lokomotive Bratwurst	M	TM20	7	01:32:56	00:12:12	84	00:52:30	105	00:28:14	89
102	84	Loos Britta	TriPower Rhein Sieg	W	TW40	2	01:33:14	00:10:51	58	00:51:50	104	00:30:33	96
103	170	Dr. Boysen Werner	SRL Triathlon Koblenz	M	TM50	13	01:33:50	00:09:24	29	00:49:51	100	00:34:35	109
104	177	Wagner Richard	Meddy LTW Koblenz	M	TM45	16	01:33:57	00:16:04	116	00:49:49	99	00:28:04	87
105	96	Ohlig Dino	TMK Triathlon Mühlheim-Kärlich	M	TM20	8	01:34:48	00:11:38	71	00:52:59	109	00:30:11	95
106	98	Petruzzelli Giovanni	TSG Kastel 1846	M	TM30	3	01:35:02	00:12:29	91	00:50:17	102	00:32:16	106
107	89	Metz Frieda	Triathlon Equipe Elz	W	TW70	1	01:35:23	00:14:21	111	00:50:02	101	00:31:00	98
108	110	Saxler Johanna		W	TW20	1	01:37:30	00:12:00	80	00:52:40	107	00:32:50	107
109	101	Raabe Kerrin		W	TW50	4	01:39:20	00:12:39	95	00:53:00	110	00:33:41	108
110	26	Bomm Judith	DLRG Vallendar	W	TW20	2	01:40:20	00:11:19	65	00:52:51	108	00:36:10	111
111	77	Krause Bernd		M	TM55	4	01:42:34	00:15:18	115	00:55:12	112	00:32:04	105
112	58	Griesheimer Patrick		M	TM35	9	01:44:28	00:14:50	114	00:58:08	114	00:31:30	103
113	118	Schnell Rudolf	sg westerwald	M	TM70	1	01:44:48	00:13:41	104	00:55:36	113	00:35:31	110
113	68	Jableka Stephanie		W	TW30	4	01:44:48	00:13:03	102	00:54:26	111	00:37:19	112
	64	Hartmann Timo	LC-Bingen	M	TMJU	0	dnf	00:09:12	25	00:43:37	70	00:00:00	0
	36	Dorer Christine	SRL Triathlon Koblenz	W	TW45	0	dnf	00:09:44	32	00:42:24	65	00:00:00	0

	39	Eckenfels Katja	stimmel-sports e.V.	W	TWJU	0	dnf	00:08:14	12	00:00:00	0	00:00:00	0
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PLATZ	START_NR	NAME	VEREIN	GESCHLECHT	AK	AK_PL	GES ZEIT	SWIM	Rng	RAD	Rng	LAUF	Rng
1	135	Theobald Andreas	Tri Post Trier	M	TMJU	1	00:58:50	00:07:32	1	00:33:16	1	00:18:02	2
2	40	Ehlen Marc Pascal	TV 1860 Mussbach	M	TMJU	2	01:01:26	00:07:45	2	00:35:06	3	00:18:35	3
3	60	Groth Marco	Rsg Montabaur	M	TMJU	3	01:01:27	00:08:35	5	00:35:02	2	00:17:50	1
4	133	Teichmann Lucas	TCEC Mainz	M	TMJU	4	01:05:57	00:08:56	6	00:37:12	5	00:19:49	4
5	37	Dülfer Tim	Tri Post Trier	M	TMJU	5	01:08:23	00:09:53	8	00:37:06	4	00:21:24	5
6	57	Gorges Sarah	Tri Post Trier	W	TWJU	1	01:29:05	00:08:18	4	00:49:22	7	00:31:25	6
	39	Eckenfels Katja	stimmel-sports e.V.	W	TWJU	0	dnf	00:08:14	3	00:00:00	0	00:00:00	0
	64	Hartmann Timo	LC-Bingen	M	TMJU	0	dnf	00:09:12	7	00:43:37	6	00:00:00	0